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YOUR CHILD'S HEALTH

Presented by the medical professionals at Midcoast Pediatrics

Underage Drinking

It's the rare parent who doesn't worry about underage drinking - underage drinking is a serious public health concern. Teenagers are more likely to abuse alcohol than any other drug (mostly through easy access). Alcohol removes inhibitions, setting the stage for teens to involve themselves in other risky behavior including sexual activity, other drugs, and drunk driving. Over 5,000 teens die each year in alcohol-related deaths. Fortunately, underage drinking is preventable. Set clear rules, enforce them and pay close attention to your child's behavior. Talk to your teenager - learn about the pressures they are facing, and provide alternative activities for high risk times.

Hint: Be aware of the access teenagers can have to alcohol, often through your own home.

MIDCOAST PEDIATRICS is dedicated to the care, health and development of children and their families. Our practice is committed to delivering the best treatment possible for each of our patients and families. Don't hesitate to call us at 207-721-8333 if you have any questions. We are located at 121 Medical Center Drive, Suite 2600, Brunswick. All new patients are welcome.

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