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YOUR CHILD'S HEALTH

Presented by the medical professionals at Midcoast Pediatrics

STARTING KINDERGARTEN

Beginning kindergarten is a major milestone in the life of a child—and a parent. Make the transition easier by putting everything in order before the big day. Set up an appointment early with the pediatrician to ensure that the new student is current on state immunization requirements. Almost all schools require a recent physical, so ask the doctor for a copy to bring along. The school nurse should know about any allergies or conditions the incoming student has, especially those that can be dangerous such as peanut allergies, asthma, or diabetes. Take the time before school begins to talk to the teacher about conditions that might affect learning such as hearing or vision disabilities or ADHD.

P.S. Back-to-school time is the perfect time to review traffic safety rules with kids, especially if your child walks to school.

At MIDCOAST PEDIATRICS we are committed to providing your children with top-quality pediatric care. We serve children from birth through adolescence with care and concern, working closely with the patient and the family in accomplishing our mutual health goals. To schedule an appointment, call 207-721-8333. We are located at 121 Medical Center Drive, Suite 2600, Brunswick. New patients are welcome.

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