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YOUR CHILD'S HEALTH

Presented by the medical professionals at Midcoast Pediatrics

Booster Seat Guidelines

There's a lot to know about the safety of children in vehicles. The good news for parents is that, compared to a complicated safety seat, a booster seat is pretty straightforward. The purpose of a booster seat is simply to position a child correctly so that the vehicle's seat belt is in the proper position. Graduate a child from a safety seat to a belt-positioning booster once the child's shoulders are above the top strap slots and the child weighs about 40 pounds, usually between the ages of eight and twelve. Remember that the lap belt must sit flat across the child's thighs and the shoulder belt across the middle of the child's chest, never the neck.

P.S.: Never use products that claim to make a seat belt fit better, they are not regulated by the AAP, and some might actually damage the seat belt.

At our practice, we provide quality preventative and curative care, from well-child check-ups and immunizations, to the diagnosis and treatment of serious illness and injury. To schedule an appointment for pediatric care, call MIDCOAST PEDIATRICS AT 207-721-8333. We are located at 121 Medical Center Drive, Suite 2600, Brunswick. New patients are welcome.

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