



Stephanie A. Phelps, M.D.



# YOUR CHILD'S HEALTH

*Presented by the medical professionals at Midcoast Pediatrics*

## **Avoid Poisoning**

Children are naturally inquisitive and curious, trying to get into everything! To prevent childhood poisoning, keep harmful substances out of reach and in secure areas. Household cleaning products, especially those containing bleach and ammonia, should be stored in locked cabinets. Potentially toxic substances (from kerosene to anti-freeze) need to be stored in secure locations. Many medications can be life-threatening when taken in large doses! Many medicines look like candy, enticing children to try them. Even simple children's vitamins, when taken in large doses, can be lethal. If you suspect your child has ingested a harmful substance, call your local poison control immediately!

**Hint: The local poison control number is 1 (800) 222-1222. For more information about preventing childhood poisonings, please call your pediatrician.**

**As a parent, you want the best for your children. At Midcoast Pediatrics, we specialize in caring for the unique needs of children from infancy through young adulthood. We provide general and high-risk pediatric care, with a constant emphasis on a preventative approach. For further information about today's column, call MIDCOAST PEDIATRICS at (207) 721-8333. We are located at 121 Medical Center Drive, Suite 2600, Brunswick. New patients are welcome.**

[www.midcoastpediatricspa.com](http://www.midcoastpediatricspa.com)